



## RELATIONSHIP EDUCATION - BUILDING A LOVING WORLD



Good relationships are the core of a healthy, happy and fulfilled human being. Scaling up, they are also the foundation for a healthy, stable, flourishing humanity. *Loving Classroom* is a non-profit organisation that integrates *Relationship Education* into any school curriculum with the following goals:

	Short Term Goals	Long Term Goals
Increased	Conflict Resolution and Good Relationships Mental Health and Self Esteem Mutual Respect and Good Will Happiness-Hope-Harmony Tolerance and Patience	Cohesive Families, Citizenship, Employment Business: Caring, Honest, Ethical Government: Working Together International Cooperation Peace
Reduced	Anger Cheating Depression Bullying and Violence Apathy and Selfishness	Crime Poverty Alcohol and Drug Addiction Human and Environmental Illness Communal and International Conflict

**“Students are more accepting, calm, kind, honest, communal.”**  
 T. Foster, Manchester, England

**“LC reduced truancy, bullying and increased student cohesion.”**  
 Mrs. Maseko, Soweto, S. Africa

**“We see reduced violence and increased academics.”**  
 Sari Ravivo, Principal, Jerusalem, Israel

## The 4H Methodology

*Loving Classroom's* well-tested *4H Methodology* has evolved from running over 1,000 workshops in the UK, South Africa and Israel. We train teachers in the *Loving Classroom* curriculum to effectively deliver quality *Relationship Education* to their students repeatedly and sustainably. There are 8 topics, sorted into 4 Hs (see below), which can be divided into 16 one-hour sessions, or 20 minutes/day over the course of a year. Each topic is supported by a PowerPoint, lesson plan and guidance from our teacher-training manual.

Level	Topics/Chapters	
<u>H</u> UMANITY	Respect	Compassion
<u>H</u> EAD	Listening	Kindness
<u>H</u> EART	Gratitude	Love
<u>H</u> AND	Friendship	Care

As students develop their ability to build deep and meaningful relationships within the classroom and their personal lives, they are also trained, as a team, to deliver a community project and connect to *Loving Classroom* globally. This helps them to widen the breadth of their relationships: *building a loving world...*

### Key Materials

- The *Loving Classroom* Textbook (208 pages)
- Junior Version (112 pages) with Music Album
- Lesson Plans
- Pre- and Post-Evaluation Tools
- Dynamic PowerPoints for the 8 Topics
- Fun Educational Accessories
- Online Networking Tools
- [www.LovingClassroom.com](http://www.LovingClassroom.com)



***"A loving classroom is the foundation for all education  
and Loving Classroom is building that foundation."***

Dr. Leon Bernstein, Lead UK Ofsted School Inspector

## Evaluation

Before and after each course, we guide teachers and students to rate their class level for each of the 8 *Loving Classroom* virtues (at the **head**, **heart** and **hand** level). The discussion itself is highly educational when some say “we’re good at that” and others disagree... To give you a sense of what we’re measuring, the following chart has been reproduced from the *Loving Classroom Secondary School Textbook*.

Virtues		% Rating
Respect	We know that everyone has something valuable to contribute to the world.	
	We feel that all in our class need to be appreciated.	
	We do put time/effort into valuing all in our class and treating them well.	
Compassion	We know our individual strengths & how they can help/support all in our class.	
	We feel a desire to use our strengths to help/support all in our class.	
	We do put time/effort into using our strengths to help/support all in our class.	
Listening	We know and appreciate the needs behind what people say.	
	We feel sensitive to the emotions in what people say (positive and negative).	
	We do put time/effort into understanding all in our class (thoughts & feelings).	
Kindness	We know how to use words and tones to help others feel safe to communicate.	
	We feel that everyone needs a safe space to communicate and share.	
	We do put time/effort into helping all in our class feel safe to express themselves.	
Gratitude	We know about and appreciate the enormous number of good things in life.	
	We feel good about the contributions coming from all in our class/school/life.	
	We do put time/effort into ensuring all in our class are and feel appreciated.	
Love	We know how to reveal the deep levels of goodness within everyone in our class.	
	We feel good about all in our class and want them to be happy and succeed.	
	We do put time/effort into helping all in our class enjoy a good life.	
Friendship	We know what it means to be a good, genuine friend for one another.	
	We feel concerned that each classmate has at least one good, genuine friend.	
	We do put time/effort into strengthening friendship with all classmates.	
Care	We know how to build good relationships in the family/community/world.	
	We feel passionate about good relationships in the family/community/world.	
	We do put time/effort into building good family/community/world relationships.	

*“I’m getting on with my classmates and doing better in exams.” Tom*

*“I feel cared for by my class teacher. Why is that so unusual?” Leanna*

*“We come from unhappy homes. This is our first loving group...” Rachel*

## Teacher Training

We provide three levels of teacher training: Basic, Standard and Full, as described below. We can also tailor design a training course to fit your needs.

Content	Basic 2 hours	Standard 4 hours	Full 8 hours
One <i>Training Session</i> at a location of your choice	✓	✓	✓
Demonstration of <i>Loving Classroom</i> Tools in Action	✓	✓	✓
Eight cool PowerPoints to navigate the curriculum	✓	✓	✓
Two <i>Training Sessions</i> and class visitations		✓	✓
User-friendly Teacher Training manuals (3 free)		✓	✓
One year support via email / phone / skype		✓	✓
Three <i>Training Sessions</i> and class visitations			✓
How to launch 4H community projects			✓
Training page by page through the LC textbook.			✓
<b>PRICING</b>	<b>£400</b>	<b>£650</b>	<b>£1000</b>
Additional Costs - Dynamic, colour student work books: £10 per book - Teacher Training manuals: £10 per manual - Additional training sessions e.g. for parents: £150 - Travel expenses			

## Our Mission

To integrate *Relationship Education* into the core curricula of educational systems throughout the world. In so doing, we are working to build generations that both desire and are empowered to care for the wellbeing of all: *Relationship Education - Building a Loving World*.

## Contact Emails



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